

MEHAK WELLNESS CENTRE

(BIOFEEDBACK & STRESS MANAGEMENT)

ISO 9001:2015

A division of

INDIAN INSTITUTE OF ALTERNATIVE MEDICINES & NATURAL HEALING ®

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KANGEN ALKALINE MIRACLE WATER & MACHINE SUPPLIER

We, at **MEHAK WELLNESS CENTRE**, offer **NON-INVASIVE** Diagnosis on State of the Art, latest 21st Century technology to verify the onset or presence of any disease / disorder / discomfort. Complete packages are offered, Diagnosis, Therapy & Supplements.

Most problems can be diagnosed much before any other modern science equipment / test could diagnose.

In most cases it goes undiagnosed, thus time is wasted and no proper solution is offered.

Dr. Mehra with vast experience of 30 years, working with chronic cases and winning accolades (75+ Certificates & Awards); is optimistic in giving a remedy in most cases.

We recommend this water intake for maintaining good health, in case of experiencing any health problem it should not be neglected, and in case of chronic Diseases / Disorders viz. **CANCER** it cannot be overlooked. **IT SHOULD BE CONSUMED AS PART OF YOUR DAILY DIET IN CASE OF AN UNHEALTHY BODY.**

We offer in-house **NON-INVASIVE** Diagnosis followed with Therapy for correction along with anti-dotes & Supplements required to stabilize the condition.

An **ACIDIC** body is a store house for diseases, thus with the help of **KANGEN ALKALINE MIRACLE WATER**, we are able to get results much faster and give relief to the patient.

DRINK 2.5 TO 3 Liters WATER DAILY; BUT DRINK ONLY KANGEN ALKALINE MIRACLE WATER (9.5 pH)

Cost per liter is Rs.200/-; But we offer various packages **SILVER, GOLD & DIAMOND** ; Scheme even for Corporates / Bulk buying, where you not only enjoy the **WATER for FREE**, but even save substantially on your Diagnosis & Therapy at our center.

Cost of other related Therapies, Detoxification & Supplements / Frequency medication is recommended as per the patient's budget.

For those who need to consume water on a daily basis, may install the unit at their own residence or office. This would assure of fresh water to the whole family.

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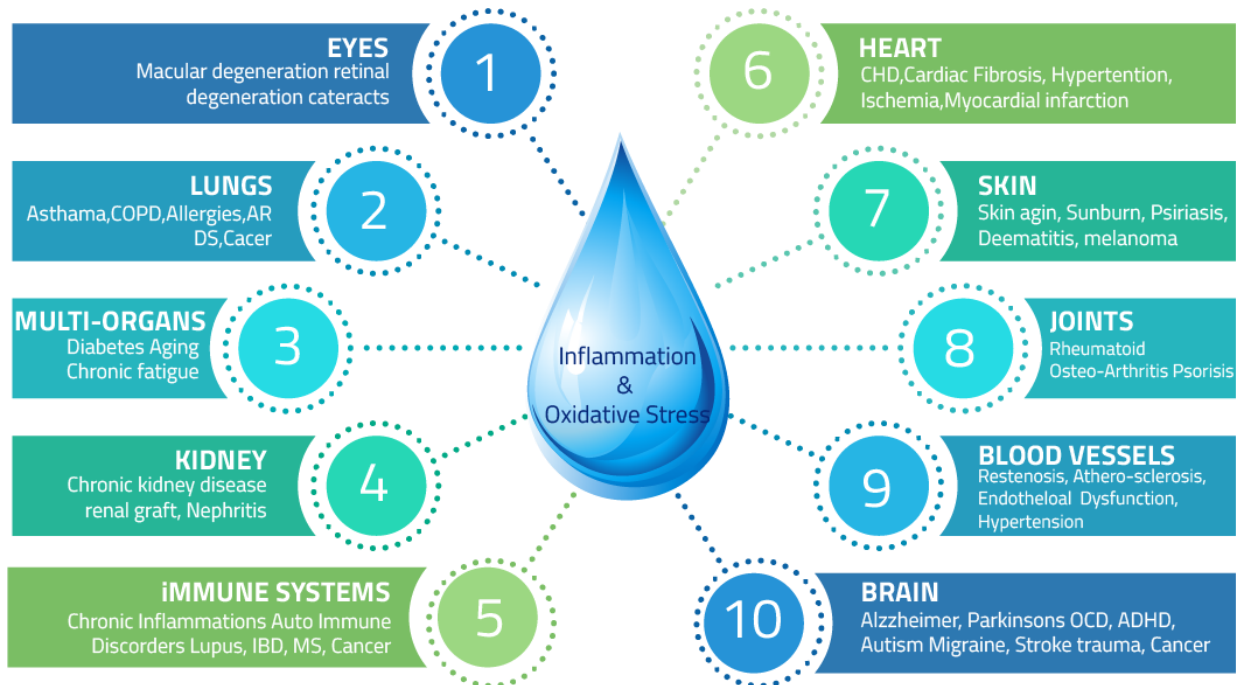
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WHAT IS KANGEN WATER?

Kangen Water® is delicious water created from Enagic's innovative water technology. Not only do these devices filter your tap water, but they also produce ionized alkaline and acidic waters through electrolysis. These waters can be used for various purposes, including drinking, cooking, beauty, and cleaning.

Water is the most important substance in the world

Drinking plenty of water on a daily basis is vital to our health. Water carries nutrients to cells, helps with digestion, flushes out toxins, helps prevent headache and fatigue, and can even aid in weight loss or maintenance. Our bodies are up to 75% water, and staying well-hydrated is critical to our optimum health and survival.



- Increases energy
- Slows down the ageing process
- reduces muscle & joint discomfort
- Strengthens immune system
- Detoxifies the liver & Cells
- Improves mental focus & clarity
- Improves quality of sleep
- Reduces the effects of stress
- Improves the skin
- Athletic performance & recovery

With a pH of 8.5-9.5, this type of water is perfect for drinking and healthy cooking. It works to restore your body to a more alkaline state, which optimizes health.

Drinking

Drink 2-3 cups of water first thing in the morning. Compared to tap water, Kangen Water® has no unpleasant odor, tastes lighter, and has a pleasantly sweet flavor.

It is important to include vegetables in your diet, when eating substantial amounts of acidic foods such as egg yolk, white rice, chicken, pork and beef, drinking alkaline Kangen Water® is equally important because it balances the acidic and alkaline effects of these foods.

Food preparation

Use Kangen Water® to remove harsh taste of onions, bamboo shoots or the like. Leave liver and other meats which have a bad odor to soak in Kangen Water® for 20-30 minutes to reduce strong smells.

Rice

Use it for washing and cooking, the result is delicious and fluffy rice.

Coffee and tea

For which taste and aroma are everything, you will be surprised at the improved color, taste, and aroma. And you can use less coffee or tea and still achieve a full rich taste due to the water's extractable ability.

Soups and stews

Kangen Water® draws out the flavor of ingredients so they get tender and juicy. Therefore, less seasoning such as salt and soy sauce are needed, so this water is good for people that want to reduce their salt intake.