

# MEHAK WELLNESS CENTRE

ISO 9001:2015

(BIOFEEDBACK & STRESS MANAGEMENT)

A division of

**INDIAN INSTITUTE OF ALTERNATIVE MEDICINE & NATURAL HEALING**®

123, ARAM NAGAR PART – 1, FISHERIES UNIVERSITY ROAD, ANDHERI WEST, MUMBAI – 400 061

Tel.: **2633 1627**

Customer Care: **83692 40134**

Call & WhatsApp: **97730 02888**

E Mail: **altmedicines@gmail.com**

Web site: **www.mehakthelasthope.com**

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## WHAT IS CHLOROPHYLL?

**Chlorophyll** is the green pigment found in all green plants and it is mostly produced from the extract of Alfalfa plant. The leaves are rich in Calcium, Magnesium, Potassium and a variety of other minerals and nutrients. Alfalfa contains 4 times the Chlorophyll of green vegetables. One tablespoon of Alfalfa Liquid Chlorophyll is equivalent of 1 Kg. of vegetable consumption.

### **Alfalfa – Liquid Chlorophyll, the "light" in our food**

In our current, civilized society it is often to be observed that our food is missing in the necessary nutrients as required by our body, in order to keep our body healthy and vital. The visible and noticeable consequences come up fast. The organism reacts with **tiredness, stress or illness**. A circumstance that could easily be avoided, by taking the necessary minerals, trace elements, vitamin, enzymes and also vegetable energy dispensers with much natural chlorophyll as food addition.

**Alfalfa** (lucerne) is a kind of clover, who's vitalizing effects already the Arabs use for centuries. They gave its name **Alfalfa** to the versatile plant - "father of all nutrients". Apart from a multiplicity at vitamins and easily absorbable mineral materials, essential amino acids and trace elements **Alfalfa** contains above all also the **chlorophyll** important for humans. **Chlorophyll**, the natural life elixir, is the green pigment of plants. For the process of photosynthesis it stores and catches the energy of the sunlight. This energy is needed, in order to convert water and carbon dioxide into glucose, which is considered as main energy source to living organisms. A balanced and nutrient - rich nutrition also supports the acid - and bases equilibrium in the body and leads to a pure and healthy body.

**Chlorophyll** - the green plant dye - is the only well-known natural substance, which can store the light of the sun and thus solar power. Photosynthesis. Without this procedure, no life would be possible. The plants take the light of the sun, the water of the earth as well as the carbon dioxide from air and produce thereby its own energy source (sugar and starch). Without this process there would be no plants. Without plants there would be no humans and animals. So it can be quite maintained that **chlorophyll nourishes this planet** with all its inhabitants! But chlorophyll can do still more! The German chemist Richard Willstaetter stated that chlorophyll is closely related to the red blood coloring material hemoglobin from molecular view. Willstaetter could prove the fact that the body **converts chlorophyll in hemoglobin**.

Furthermore researchers to the Oregon State University have stated that **chlorophyll contains much oxygen**, that it is a strongly basic food, it supports the decontamination and above all help harmful bacteria to reduce. **Chlorophyll** helps with any form of bacterial infections. **Chlorophyll** affects strengthening function of the heart, strengthens the cell walls and supports so the immune system.

## **Contents of Liquid Chlorophyll –**

Stringent quality process extracts only 10 grams of the purest Chlorophyll concentrate from every 42 Kg. of Alfalfa leaves

- From the group **Vitamin A:** Beta Carotin.
- From the group **Vitamin B:** Biotin, Choline, Folic acid, Inositol, Pantothenic acid and Pyridoxine (vitamin B6).
- **Vitamin C**
- From the group **Vitamin E:** Octacosan.
- **Vitamin K**
- Saponin and Sterin mixture.
- **Trace elements:** Selenium, Silicon, Tin, Zinc, Potassium, Phosphorus. Aluminum, Cobalt, Chrome, Manganese, Magnesium and Iron.
- Coal hydrates and Proteins in their amino acid components.
- **8 Essential Enzymes:** Lipase, Amylase, Coagulase, Emulsion, Invertase, Peroxidase, Pectin, Protease.

During the production of **Liquid Chlorophyll** the active enzymes are preserved and received, so that they can unfold their promoting effect in the body.

**Below are some of the efficacies of Chlorophyll based on the book “The Healing Powers of Chlorophyll”, authored by Prof. Bernard Jensen:**

- 1) Inhibits bacterial growth
- 2) Improves oral health
- 3) Improves heart function
- 4) Eliminating body odor
- 5) Alleviates ladies ailments
- 6) Balances acid and alkaline levels
- 7) Increases red blood cells
- 8) Improves anemic condition
- 9) Soothes sore throat
- 10) Reduces asthmatic problems
- 11) Relieves joints and backbone problems
- 12) Improves urinary tract system
- 13) Enhances blood circulation
- 14) Delays ageing process
- 15) Abates digestive problems
- 16) Purifies blood
- 17) Provides iron to organ
- 18) Detoxifies blood and acts as anticancer
- 19) Improves cell function
- 20) Accelerates healing of wounds
- 21) Reduces inflammation
- 22) Abates the risks of bronchitis
- 23) Improves functions of the thyroid glands
- 24) Enhances metabolism
- 25) Strengthens immune system
- 26) Stabilize body temperature
- 27) Relieves insomnia problem
- 28) Alleviates pain
- 29) Improves liver function

## **WHO SHOULD DRINK LIQUID CHLOROPHYLL?**

**Very skinny people**

**Those who suffer from constipation**

**Those who suffer menstrual pain**

**Those who eat out often**

**Those with pale complexions**

**Smokers and those who consume alcohol frequently**

**Those who cannot stand cold**

**Those with body odor and bad breath**

**Those who dislike eating vegetables**

**People with weight problems**

**Busy and stressful people**

**Easily fatigued people**

**Those with liver problems**

**Those with respiratory problems**

**Those with rheumatism**

**Those with anemia**

**Those who often have sore throats**

**List of Disease conditions** that have either improved or cleared up entirely by using Liquid Chlorophyll in conjunction with a healthy lifestyle:

- 1) **All forms of Anemia.**
- 2) **Asthma and Hay fever.**
- 3) **CANCER.**
- 4) **Hemorrhoids.**
- 5) **Hepatitis and all Liver related disorders.**
- 6) **High & Low Blood Sugar.**
- 7) **Offensive Body odors.**
- 8) **Pains in the Body.**
- 9) **Pyorrhea.**
- 10) **Sore Throat.**
- 11) **Ulcers – internal and external.**
- 12) **Varicose Veins.**

**CHLOROPHYLL** will assist in correcting any imbalance in the body due to its high Bio- available iron content. This allows the body to utilize more oxygen, aiding in the removal of accumulated toxins. We also know that the internal use of Chlorophyll strengthens the cells and inhibits bacterial growth.

### **Usage per day:**

Consume **Liquid Chlorophyll** at least twice a day - first thing in the morning on an empty stomach and the last thing in the night before going to bed. Keep at least 30 minutes gap in between meals and consumption of Chlorophyll. For chronic cases along with morning and night consumption take in the noon as well. Mix one table spoon (15ml.) of Liquid Chlorophyll into a glass of water (250 ml.) stir and drink gently sip by sip.

### **Cost:**

A bottle of **Liquid Chlorophyll** - 500 ml. - INR 1,450/-..

- 250 ml. - INR 600/-.

